



## **Mental Agility Leadership Training**

You can have more <

- Confidence to take action in the face of uncertainty
- Clarity of purpose and direction in changing environments
- Focus to get more done in less time

### Show up ready to run the race every day

Control your thinking and eliminate anxiety

Take ownership and achieve your goals

Imagine a workshop where you learn to naturally use your thinking and behavior to make you better at business and life. You can program your unconscious mind to focus on what you care about the most when you have important decisions to make, or when things change and you need to react quickly.

You are a professional. You know you are more successful when you are mentally agile. Your business and life improve when you are your best self, without working harder.

Mental agility seems like an elusive quality. Sometimes you rock, other times not. Using applied Neuro-Science in this program, you will systematically develop your mental agility. Expand your thinking and let go of what is holding you back.

Become the person you were born to be!

#### THREE ESSENTIAL COMPONENTS

- Increase brain plasticity and optimize neural chemistry.
- NeuroScience to align thinking and program the unconscious mind.
- Practice and integrate new thought and behavior patterns.

0 Date: November, 1st 2018 9 am – 5 pm

Location: Casper, Wyoming

Lunch included.

Dress: Business Casual.

Your Investment \$397 prepaid, \$797 at the door.



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## NEUROSCIENCE WORKSHOP



# Join people like you who are going to the next level.



### **Meeting Agenda**

9:00 a.m. - 5:00 p.m.

Brain Gym = Energize your brain, grow neuroplasticity, balance neurochemistry

NeuroScience = Develop mental agility and control

Transformational Change = Program your unconscious mind

Experience = Practice and integrate more resourceful ways of thinking

## **Don Akers**Neuro Science Coach

PROGRAM TRAINER

Don is an expert on the "how to" of peak performance.

A professional speaker since 1988, Don has appeared on ESPN, PBS, and NBC. His clients include Shell, UBS, Microsoft, State Farm, Abbott Labs, Wells Fargo, and numerous small and midsized businesses and associations.

Don is a former Golden Gloves boxing champion who was selected to compete in the U.S. Olympic Trials. In addition to having fifteen years of Fortune 100 sales and management experience, he holds a BS in engineering, as well as advanced certifications in Neuro Linguistic Programming and Clinical Hypnotherapy.

### **TOPICS INCLUDE:**

- Confidence
- Resilience
- Purpose
- Presence
- Focus
- People Skills
- Energy

### WHAT MEMBERS ARE SAYING:

"Life changing." "The best thing I've ever done for myself and my career!" "I have more clarity of purpose than at any time in my life."



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